Sharpham Park

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Sharpham Park is an old farm which is now specialising in organic stone ground Spelt Flour. They grow their own spelt wheat and mill it on site. This is an excellent product and I have used it in many of my recipes on this site.



This supplier claims to be “probably” the only producer of spelt flour to have a dedicated milling process. Whilst I know of mills where a stone set is predominantly used for spelt milling, as Sharpham only produce spelt, this claim may well be true. The flour is certainly of excellent quality.

Check their website for sales outlets and on line shopping as well as their other products.

http://www.sharphampark.com/

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